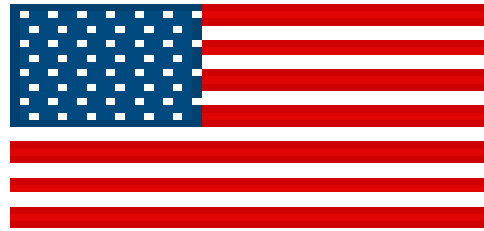


JULY 2017 LAC SENIOR LUNCH MENU

MON 3 CLOSED
TUES 4 CLOSED FOR THE 4TH OF JULY
WED 5 CLOSED
THUR 6 CLOSED
FRI 7 CLOSED



MON 10 CHICKEN TENDERS - MASHED POTATOES - CREAM CORN
TUES 11 SPAGHETTI - SALAD - GARLIC BREAD
WED 12 COD NUGGET - SCALLOPED POTATOES - STEWED TOMATOES
THUR 13 HAM - POTATO SALAD - BAKED BEANS
FRI 14 SUBS - CHIPS - COOKIE

MON 17 CHICKEN SALAD on KAISER ROLL - LETTUCE & TOMATO - CHIPS
TUES 18 SAUSAGE EGG McMUFFIN - FRIED POTATOES - FRUIT CUP
WED 19 MEATLOAF - MASHED POTATOES - CORN
THUR 20 ROAST TURKEY - MASHED POTATOES - PEAS & CARROTS
FRI 21 CHEESE BURGERS - FRENCH FRIES - COLESLAW

MON 24 CHICKEN FILET - BAKED POTATO - BRUSSEL SPROUTS
TUES 25 STUFFED PORK CHOP - MASHED POTATOES - GREEN BEANS
WED 26 FLOUNDER - MACARONI & CHEESE - STEWED TOMATOES
THUR 27 SALISBURY STEAK - MASHED POTATOES - CARROTS
FRI 28 HOT DOG on ROLL - BAKED BEANS - POTATO SALAD

MON 31 CHICKEN PIE - MASHED POTATOES - PEAS & CARROTS

LUNCH IS \$4.00 EACH ADDITIONAL LUNCHES ARE \$ 8.00
CALL 935-8122 BY 10:00 AM FOR TAKE OUTS



Home Delivery will only be accommodated if there is no one in the household that can pickup the take-outs.