

AUGUST 2017 LAC SENIOR LUNCH MENU

TUES	1	SPAGHETTI - SALAD - GARLIC BREAD
WED	2	FLOUNDER SANDWICH FRENCH FRIES - COLESLAW
THUR	3	ROAST BEEF - MASHED POTATOES - CARROTS
FRI	4	SUBS - CHIPS - COOKIE
MON	7	CHICKEN PARM - BUTTERED NOODLES - BRUSSEL SPROUTS
TUES	8	MEATLOAF - MASHED POTATOES - CORN
WED	9	COD LOIN - BAKED POTATO - STEWED TOMATOES
THUR	10	ROAST TURKEY - MASHED POTATOES - PEAS & CARROTS
FRI	11	REUBEN SANDWICH - POTATO CHIPS - APPLE SAUCE
MON	14	CHICKEN SALAD ON CROISSANT - PASTA SALAD - FRUIT CUP
TUES	15	PEPPERONI FRENCH BREAD PIZZA - CUCUMBER
WED	16	CRAB CAKE PLATTER - FRENCH FRIES - COLESLAW
THUR	17	HAM - SWEET POTATOES - GREEN BEANS
FRI	18	CHEESE BURGER - LETTUCE & TOMATO - POTATO CHIPS - COOKIE
MON	21	MEATBALL SANDWICH - SALAD - PEACHES
TUES	22	CHICKEN PIE - MASHED POTATOES - PEAS & CARROTS
WED	23	COD NUGGETS - SCALLOP POTATOES - STEWED TOMATOES
THUR	24	STUFFED PEPPERS - MASHED POTATOES - CORN
FRI	25	HAM & SWISS ON RYE - LETTUCE & TOMATO - POTATO CHIPS - COOKIE
MON	28	CHEESE STEAK SUB - ONION RINGS - PEARS
TUES	29	CHICKEN FILET - BAKED POTATO - BROCCOLI & CHEESE SAUCE
WED	30	TUNA SALAD PLATTER - ROLL - MACARONI SALAD
THUR	31	BAKED PORK CHOP - MASHED POTATOES - TOMATO GRAVY - PEAS

LUNCH IS \$4.00 EACH ADDITIONAL LUNCHESES ARE \$ 8.00
CALL 935-8122 BY 10:00 AM FOR TAKE OUTS

Home Delivery will only be accommodated if there is no one
in the household that can pickup the take-outs.