

NOVEMBER 2016 LAC SENIOR LUNCH MENU

TUES	1	MEATLOAF - MASHED POTATOES - GREEN BEANS
WED	2	BAKED ZITI W/ MEAT SAUCE - GARLIC BREAD
THUR	3	BEAN SOUP - GRILLED CHEESE SANDWICH - SALAD
FRI	4	SUBS - CHIPS - COOKIE
MON	7	CHICKEN FILET - BAKED YAM - BROCCOLI
TUES	8	TACOS - SPANISH RICE - SALAD
WED	9	COD NUGGETS - SCALLOP POTATOES - STEWED TOMATOES
THUR	10	HAM SALAD ON KAISER ROLL - 3 BEAN SALAD - CORN FRITTERS
FRI	11	VETERANS DAY - CLOSED
MON	14	CHICKEN SALAD ON CROISSANT - POTATO CHIPS - SALAD - CRANBERRY SAUCE
TUES	15	SHEPPARD'S PIE - CORN - APPLE SAUCE - SALAD
WED	16	FLOUNDER - BAKED POTATO - STEWED TOMATOES
THUR	17	PULLED PORK ON A ROLL - POTATO CHIPS - APPLE SAUCE - COOKIE
FRI	18	THANKSGIVING DINNER - TURKEY AND ALL THE TRIMMINGS
MON	21	SPAGHETTI - SALAD - GARLIC BREAD
TUES	22	CHEESE BURGERS - POTATO SALAD - BAKED BEANS
WED	23	BAKED COD - MACARONI & CHEESE - STEWED TOMATOES
THUR	24	CLOSED -- THANKSGIVING DAY -- CLOSED
FRI	25	CLOSED -- THANKSGIVING -- CLOSED
MON	28	VEGETABLE SOUP - GRILLED CHEESE SANDWICH - SALAD
TUES	29	BEEF TIPS OVER NOODLES - OVEN ROASTED CARROTS - SALAD
WED	30	HOT DOGS & BAKED BEANS - SAUERKRAUT - MASHED POTATOES - APPLE SAUCE



LUNCH IS \$4.00 EACH ADDITIONAL LUNCHES ARE \$ 8.00

CALL 935-8122 BY 10:00 AM FOR TAKE OUTS

NOVEMBER BIRTHDAYS - CAKE & ICE CREAM - NOV 29

Home Delivery will only be accommodated if there is no one in the household that can pickup the take-outs.